

SoSafe

So Safe is an accessible education program that supports people with disability of varying presentations. Its implementation can help individuals better understand social and sexual safety.

How does it work?

The So Safe Framework is a set of easy-to-understand concepts and tools that facilitate learning about social and sexual safety, laying the groundwork to skills to build healthy and safe social connections.

The framework helps to make the complex social world more accessible, understandable, and teachable to those with cognitive challenges. Accompanying tools and resources can be tailored to individuals and classrooms for both children and adults to enhance understanding.

Healthy and safe relationships are not only a protective factor, but they are a human right. Educating people with varying ability how to safely navigate different social relationships reduces the risk of harm while enabling an authentic and more equal participation in society

What is new in Version 3?

Redeveloped by a multi-disciplinary team, version 3 brings together the principles of the past So Safe with feedback, updated evidence-base, and consultation with So Safe user and participants.

Family Planning Tasmania in partnership with SHFPACT is offering two SOSAFE Training Days in Hobart

Dates: August 3 or August 4 2026

Time: 9.30am - 3.30pm

Cost: \$495.00 (includes catering, training manual and access to an online portal)

Venue: Glenorchy Library

Aug 3rd event



Aug 4th event

